

Sharyland High School

Physical Education

2022-2023

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Course Description:
 PE Foundations/Team Sports:
 Students will acquire the knowledge and skills for movement that provide the foundation for enjoyment, continued social development through physical activity, and access to a physically-active lifestyle and health-related fitness. This course serves as a credit course to satisfy physical education requirements for graduation.

Your Grade: 2 grades per week

Daily Grade-75%

- Class Participation (60%)
- Dressing Out/Assignments (40%)



Class expectations:
 Participate.
 Be on time.
 Be respectful of yourself and others.
 Be prepared with required PE attire.
 Be responsible, follow all class, campus and district's expectations.

Locker Room Expectations

Appropriate behavior is expected: There will be zero tolerance for the following misconduct. It is your responsibility to make sure that all of your belongings are kept locked up in your assigned locker at all times. We are not responsible for items lost/stolen.

- No Running, pushing, shoving
- No shouting
- No profanity
- No fighting
- No hazing
- No sexual harassment
- No food, drinks, or gum
- No writing on school property or other's property

What to Wear
 Gym shirt and gym shorts with flat tennis shoes.
 Dress code still applies (School Colors if possible).



Attendance:
 Attendance is extremely important. Attendance will be taken daily. Making up assignments and tests is the student's responsibility. Students will be given every opportunity for success on make up assignments.

Illness
 If a student is unable to participate due to illness or injury, he/she must provide a note from their parent/guardian. This note will only excuse the student for one day. A doctor's note is needed for more than one day. The school will not accept excuses from non-U.S. doctors.

Class norms:
 Be active learners.
 Respect school property and each other, online also.
 No eating or drinking in gym.
 No Cell phones allowed in gym during class time.
 BYOD for academic purposes only.
 Wait for dismissal.
